

Kids Help Phone

Walk So Kids Can Talk

**Million in May
Campaign**

 **Kidshelpphone.ca**

Mackenzie & Baileigh Nolan



Steps we've taken...

We are two sisters from Brampton who are dedicated to serving our community as proud Missanabie Cree First Nation (MCFN) members.

We have volunteered with the City of Brampton Emergency Task Force and the Royal Canadian Legion. We mentor younger members of the Missanabie Band through our work with the MCFN Youth Council and coaching the Missanabie Maskwa Little NHL hockey team.

We know the importance of access to mental health resources for youth. Mackenzie was inspired to set up a fundraising campaign in support of Baileigh's work on the 2024 Kids Help Phone Youth Council.

**Taking 1 million steps leading into May
to raise awareness for kid's mental health
each step of the way!**

Meet Us!



Baileigh Kade Nolan

**Kids Help Phone
2024 Youth Council Member**

Grade 11 Student at Heartlake Secondary School. Senior Cadet. LGBTQ+ and Truth & Reconciliation Activist. Emerging Indigenous Artist.



Mackenzie Nolan

**'Million In May'
Event Creator**

Social Science Student at Dalhousie University. TD Community Service Scholar. Member of the Royal Canadian Navy & Royal Canadian Legion Br 27.

The logo for Kids Help Phone (KHP) is centered on the left side of the page. It consists of the letters 'KHP' in a bold, orange, sans-serif font, set within a dark blue circle. This circle is surrounded by a yellow ring, which is itself inside a larger blue ring. The background features abstract geometric shapes in blue and yellow, including a solid blue circle in the top left and a solid yellow circle in the bottom right.

KHP

About Kids Help Phone

Canada's first and only 24/7 e-mental health service offering free, multilingual, and confidential support to help all young people.

Feel Out Loud

Vision

A future where every young person in Canada will access the support they need, in the way they need it most.

Mission

Always open, providing a safe and trusted place for young people in any crisis or need.

Values

Believe in being: courageous, collaborative, innovative, resilient and trustworthy.

Our Event

Mackenzie will be walking **one million** steps from April 5th until May 5th.

That's an average of 33,000 steps or 25kms a day!

Filming done during walks is posted with updates on various social media platforms.

All fundraising is done through the **Walk So Kids Can Talk** website.

Walking in many cities, including Halifax, Quebec, Brampton, and more!

The logo features a magnifying glass graphic with a yellow handle and a blue frame. The lens is a grey circle containing the text 'ONE MILLION STEPS IN MAY FOR MENTAL HEALTH' around the perimeter. In the center of the lens, the words 'MILLION IN MAY' are written in large, bold, black letters with a red and blue 3D shadow effect.

**MILLION
IN MAY**

Support a
Million in May
so kids
can have
their
say!



 Donate Here!



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YOU!**