

# City of Brampton Council Delegation

April 17, 2024





Armagh is the **only** second-stage, transitional housing facility in **the Peel Region** for women and children who have fled Gender Based Violence. Currently, Armagh serves over **1.5 million** residents with only 31 units. On average, we turn away **40** applicants per available unit.

# FAMILY & INTIMATE PARTNER VIOLENCE IN THE PEEL REGION

## The Sobering Statistics:

- The number of women in the Peel Region who have used counselling services to deal with violence increased by **51%**
- **2 in 5** people murdered in the Peel Region were killed in domestic violence incidents
- The number of women who have requested transitional and housing support increased by **65%**

# HOUSING AND POVERTY CRISIS IN THE PEEL REGION

- **26.9%** increase in shelter use for households/persons without permanent housing
- **75%** of women reported abuse and conflict with a partner, spouse or parent as their top reason for housing lost
- **1 – 3-year long** waitlist for Victim of Family Violence Special Priority Unit depending on family size and unit location
- **175,980** people live in poverty because of limited access to supports and resources

# *New Beginnings... Armagh's Expansion History*

May 26, 1991

- Armagh opens its doors to survivors of violence, **serving 9 families**

January 2024  
Expansion #1

- Armagh opens 10 more units to women and families fleeing violence, **housing 19 families**

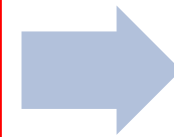
January 2024  
Expansion #2

- Armagh opens 12 more units in **Brampton, housing 31 families**

# ARMAGH'S CLIENT SERVICES SUCCESS RATES

Avg # of  
departures/year  
before 2020:

1



Avg # of  
departures/year  
after 2020:

10

Avg length of stay  
before 2020:

6 years



Avg length of stay  
after 2020:

11 months

# ARMAGH'S APPROACH



# PROGRAMS AND SERVICES OFFERED

## Counselling & Wellness

- Individual & Group Counselling
- Parenting Skills
- Self-Esteem & Self Care
- Yoga, Zumba

## Independent Living

- Career Counseling
- Education
- Income Assistance
- One year follow up support

## Child & Youth Programs

- Art Therapy
- Homework Assistance
- Counselling
- Tools for Life - Social/Emotional Learning

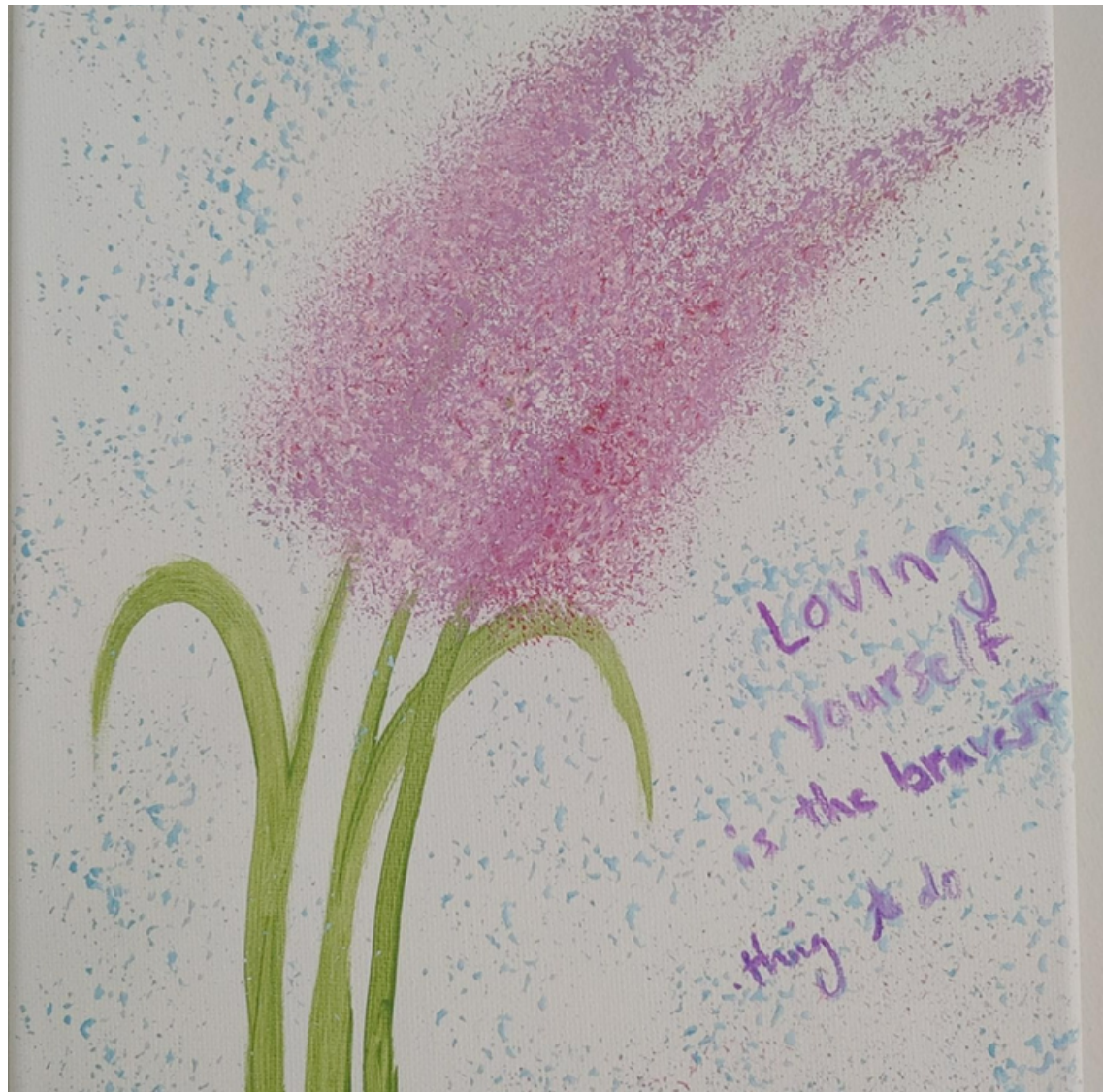
## Advocacy & Legal

- Legal Aid
- Court Support
- Educational Support
- Social and Recreational Referrals





# ART THERAPY



Art therapy is offered every week at Armagh. This creative program supports children and youth who have witnessed and/or experienced domestic violence, which in turn will help break the cycle of abuse for future generations.

# ARMAGH'S MILESTONE PROGRAMMING

Armagh provides wrap around, holistic, trauma informed support to all clients through the aid of **case workers, child and youth workers, career counselors, therapists**, and more.

Clients collaborate with Armagh's program team to curate an individualized plan of care and action that identifies their goals. Armagh's mission is to empower women through:

- **Education**
- **Employment**
- **Breaking the cycle of violence through individual therapy and support groups**
- **Parenting and child support, art therapy, support groups and counseling for children and youth**

Women connect with their support team on a weekly basis to ensure that the milestones outlined in the action plan are being met. As a result, Armagh has supported over **35 families** in the past year alone to **complete educational programs, enter the workforce, and begin living independent lives, free from violence.**

# ARMAGH'S VISION

## PRESENT

- Armagh supports over 50 families in the Peel Region both in-house and in our outreach program
- Armagh houses 12 families in Brampton
- Armagh supports 6 families in Brampton through our outreach program



## VISION

- With the support of the HAF funding, Armagh intends to provide extended outreach support to more women and families using our proven and successful milestone-based model of programs and services.
- Armagh will accomplish this through providing direct client services at various community agencies throughout Brampton.

# ARMAGH BRAMPTON FULLY FURNISHED UNITS



# OUR IMPACT

"... I was at Armagh for 10 months, in this period I got counseling, I was able to have time to work on myself, fix part of what was broken, be better so I can be strong for my kids, and I thought I would never heal, but I did. My kids got therapy and help as well, I saw so much change in their traumas, I saw them healing each day..."

**- Previous Armagh Resident**

