

Regional Games

The OSGA has 36 districts that are divided into 5 geographical Regions. The regions are encouraged to work together, communicate, mentor, share ideas and promote the ideals of the OSGA.

The Regions organize Regional 55+ Games on a biannual basis for the Districts within their Region.

South Central Region

Districts:

15 North York

16 Scarborough/Toronto East York

17 Etobicoke/York

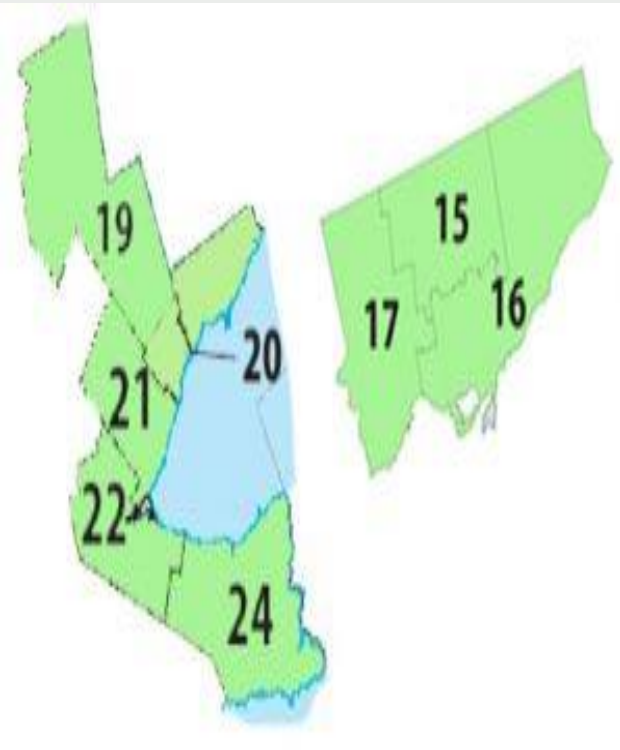
19 Brampton/North Peel/Dufferin

20 Mississauga

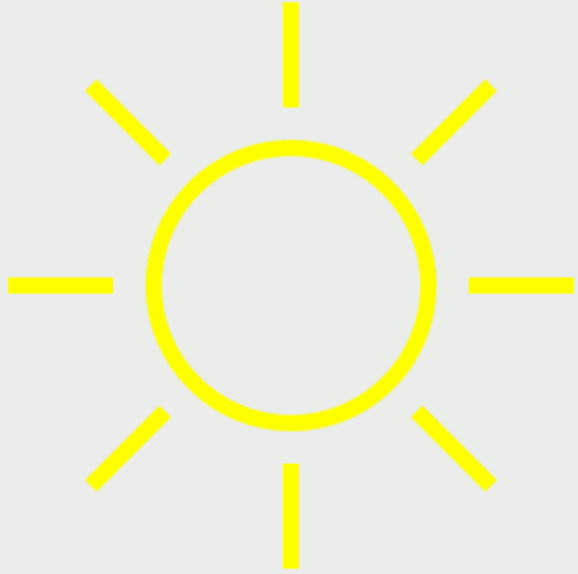
21 Halton

22 Hamilton/Wentworth

24 Niagara Region



Ontario 55+ Summer Games



BRANTFORD: 2023 (AUGUST 9-11)

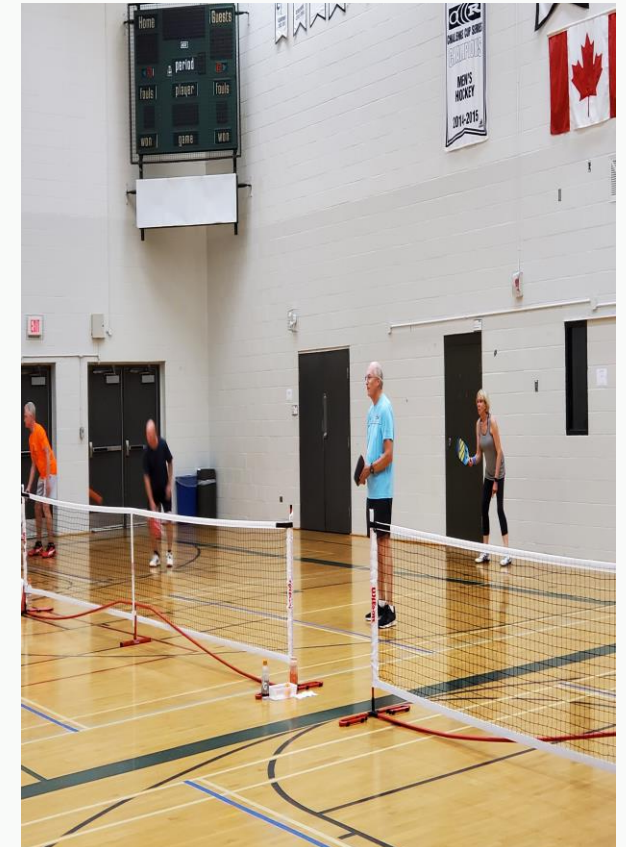
PARTICIPANTS: 1400

SPORTS: 19

VOLUNTEERS: 300+

SUMMER ACTIVITIES

- Billiards
- Bocce
- Bowling (5-Pin)
- Carpet Bowling
- Contract Bridge
- Cribbage
- Cycling
- Darts
- Disc Golf
- Floor
- Golf
- Lawn Bowling
- Nordic Walking
- Pickleball
- Running
- Scrabble
- Shuffle
- Slo-Pitch
- Swimming
- Tennis



Ontario 55+ Winter Games



ORILLIA: 2024 (FEBRUARY 6-8)

PARTICIPANTS: 1000

SPORTS: 8

VOLUNTEERS: 300+

WINTER ACTIVITIES

- **Alpine Skiing**
- **Badminton**
- **Bowling (10-pin)**
- **Curling**
- **Dodge ball**
- **Duplicate Bridge**
- **Ice Hockey (Men)**
- **Ice Hockey (Women)**
- **Nordic Skiing**
- **Prediction Skating**
- **Table Tennis**
- **Volleyball**





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Sponsorship is greatly appreciated.

Opportunities can come in a variety of forms and sizes including, subsidizing a sport or event, advertising in our pamphlet or promoting your company on our apparel.



Questions

MORE INFORMATION

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