



# Advocacy for Seniors

Senior Adults Living Triumphantly

March 04, 2021

Dear Mayor Brown and Members of Council:

Today people live longer and in better health as disease and disability are progressively reduced. People are empowered to realize their full potential through a safe, non-violent environment, adequate income, housing, food and education, and a valued role to play in family, work and community. We see people having equitable access to affordable healthcare regardless of geography, income, age, gender or cultural background.

Finally, we see everyone working together to achieve better health for all. I know that this is something that we all want and need for our seniors and for our society at large.

Unfortunately, this is not true for all. My point is that **Elder Abuse** is on the increase and in the past years study in Canada an increase of 7.5% in physical, sexual, psychological and financial abuse this representing 695,248 older adults. Approximately 1 in 8 people over 60 experience some form of abuse in community settings.

As President of Brampton Senior Citizens Council and a senior myself and no stranger to abuse, I am requesting that the City play a role in assisting to prevent further increase in the abuse of our most vulnerable citizens.

I am aware that you are concerned about helping seniors live a life of dignity and respect.

Please advise how you, Mr. Mayor and Council Members see the City being part of this endeavour. Who will be my champions for this worthy cause?

Thank you for your support.

Regards,

Myrna Adams

President

Brampton Senior Citizens Council