

Lynden lived in Brampton since the age two and spent her summers in Nova Scotia to assist her grandmother with her cottages. She would spend her free time to run in the woods, dory on the lagoon, dig for clams and just being a kid on the family property, these experiences shaped her style of painting.

Lynden started by making paints from plants and vegetables at a young age of eight and her father who was a carpenter, cabinet maker allowed her the ends of the wood to use as canvases. She is self taught, and had a first public exhibition at age 14 where the legion is now on Mary street, her first commissions began at age 12.

At the age of 16 Lynden opened her own art school as there were not a lot of employment opportunities in Brampton for teens, she had 83 students both adults and kids who she still maintains contact with many of them. The school was called the Art Den, and proudly sponsored baseball and lacrosse teams in Brampton. In the summer, Lynden would take several of her students on a week long experience at Emily Provincial Park so they could paint outdoors for the experience.

Later in her career Lynden created a group called Artbeat, a Woman's Collective, to exhibit and go off to the woods together to paint with the only stipulation was that you needed to be a professional female artist in whatever medium.

The City of Brampton requested that Lynden and some close friends do something with the buildings they had expropriated on Main Street in the same block now known as the Heritage Theatre block previously known as the Odeon theatre. The group of enthusiastic artists began the work to make Beaux Arts a reality. Local artists in the community were organized and with a lot of sweat equity it was transformed into a beautiful space, with studios, workshop space and galleries.

Lynden gave 12 years to Beaux Arts Brampton, as treasurer, vice president, and elected President the last five years, but after 12 years left due to the lack of areas for professional artists in Brampton. She now has a studio in the Alton Mills Art Centre and helped create the Southern Ontario Visual Artists, who exhibit together. All are professional artists, 6 are international artists, five were selected for the McMichael Gallery this year and 2 for the Salt Spring, which had 2756 international entries and only 52 were selected.

In 1990 after the loss of Mayor, Ken Whillans, Lynden painted a large special painting titled "The Butterfly" which the City of Brampton purchased to commemorate Ken's memory. The mood on this piece is controlled by the beautiful Monarch butterfly in the corner of the painting. If you hold your hand out and block the butterfly from your view, the trees look as if they are moving, and when you drop your hand everything appears still, signifying that the Monarch Butterfly, or Ken Whillans was a significant part of the entire picture. The Butterfly still hangs outside the Council Chambers at City Hall.

Lynden has become an International artist, an elected member of multiple groups including the Ontario Society of Artists, the Society of Canadian Artists, the Federation of Canadian Artists just to name a few and recently was promoted to Signature status for the Artists for Conservation a heavily vetted group with artists such as Dumas and Bateman.

Last week Lynden was notified that two of her paintings were juried into a major competition, the 2021 AMERICAN ART AWARDS, and were selected as winners.

Category 35. REALISM – LANDSCAPE

3rd Place-Tie LYNDEN COWAN CANADA for her work
"Rattling Brook Falls" 30x36" Oil on canvas.

In the same category Lynden had a 4th place tie for her work called Category 35. REALISM – LANDSCAPE
"Under Cover" 36x48" Oil on canvas.

Juried by **America's 25 Best Galleries & Museums. Artists in 64 countries competed:** Argentina, Armenia, Australia, Belarus, Belgium, Brazil, Bulgaria, Canada, China, Croatia, Cyprus, Denmark, England, Finland, France, Georgia, Germany, Ghana, Greece, Haiti, Hong Kong, Hungary, Japan, India, Iran, Iraq, Ireland, Israel, Italy, Kazakhstan, Kuwait, Latvia, Lithuania, Macedonia, Malaysia, Maldives, Mexico, Moldova, Morocco, Netherlands, New Zealand, Nigeria, Norway, Oman, Pakistan, Philippines, Poland, Republic Of Korea, Romania, Russia, Serbia, South Africa, Spain, Sweden, Taiwan, Thailand, Turkey, Uganda, UK, Ukraine, USA, Uzbekistan, Zambia, Zimbabwe.

Through the week Lynden paints either at her home studio in Brampton or she is out painting in the woods. Lynden would like to invite everyone to visit her in her studio at the Alton Mill Arts Centre on most weekends and you can also view her work on her website www.lyndencowan.com or facebook and instagram.