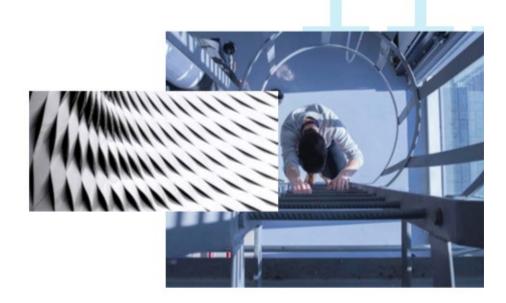
# Positioning all students to FLOURISH.

September 15, 2021

Sheridan

### Galvanizing Education for a Complex World



- Fostering individual transformation
- Creating value for industry and society
- Advancing equity and inclusion
- Fueling healthy and creative communities

### Graduates having global impact













### International graduates driving economic outcomes















### Sheridan invests to fuel success.

#### **Direct student support**

- Distributing over \$2.2M in our COVID emergency bursary, over half of which went to international students, ineligible for the CERB
- Serving over 4,000 internationals students in 2020-21 through immigration workshops
- 1,560 hot meals delivered to international students from November 2020-May 2021
- Delivering \$69,750 worth of grocery cards to students since April 1, 2020
- Served 181 international students through the delivery of 642 mental health/counselling appointments
- Increased international student use of Student Health Centres by 150% in 2020-21
- 14 week pre-arrival orientation to Canada, involving 15 virtual workshops attended by 6,700 students
- Free tutoring and English language support to all international students

#### **Partnerships**

- Being part of a two-year national project to create resources for international students affected by sexual violence
- Frontline staff trained under Peel's Human
   Trafficking Committee to identify incidents
   and refer to external supports
- Referral partnerships with SOCH Mental Health, Laadliyan, Overseas Friends of India, Dixie Bloor Neighbourhood Centre
- Invited workshops and presentations to students by World Sikh Organization, PCHS, Peel Multicultural Council
- Working with Places4Students and Canada Homestay Network to increase housing options

### We embrace partnerships to undermine stigma and deliver culturally-competent interventions.



The Pardesi Project ਪਰਦੇਸੀ ਪ੍ਰੋਜੈਕਟ | परदेसी परियोजना | پردیسی پروجیکٹ

Spotlighting the Mental Health of South Asian International Students

The Pardesi Project is a mental health promotion short film initiative aimed at addressing the unique mental health challenges of South Asian international students.

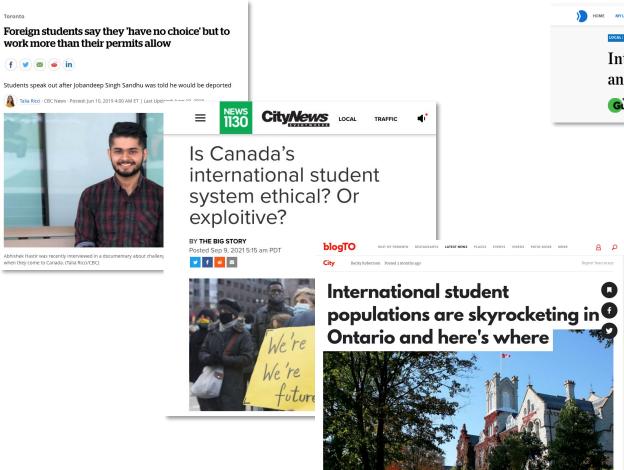


#### Mental Wellness Student Support Program

keep.meSAFE's innovative Student Support Program (SSP) helps students by promoting early intervention and 24/7 access to mental health support. We help students manage their mental health so they can fully participate in academic life and complete their studies. keep.meSAFE is the first support program to use linguistically and culturally matched licensed clinicians, providing your students a welcoming place where they are comfortable to seek help.

Guard.me/keepmesafe.php

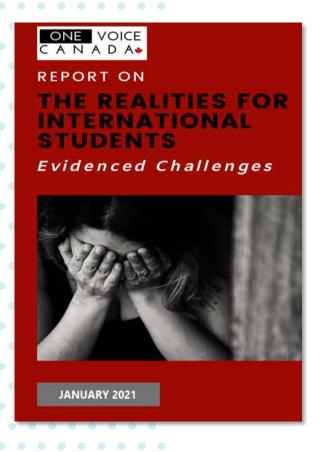
### But ... the system is broken.

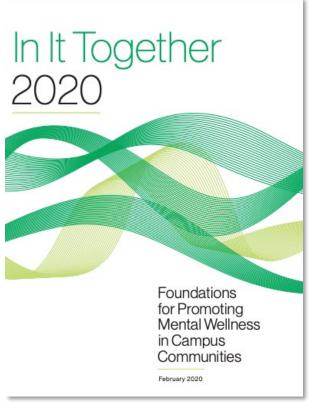






### More must be done.







International Students come to Canada in pursuit of a higher education and opportunities for themselves and their family back home. A significant number of International Students are Sikh and once in Canada, face many barriers to access resources for their mental and physical wellbeing.

During Covid-19 these issues have been exasperated.

The WSO has been advocating on their behalf and calling on the federal government to address and formulate solutions for the number of issues they face from employment, residency, exploitation, visa applications, and financial hardship.

## This is a shared responsibility that demands collaboration and collective action.





# Sheridan will continue to lead and remains committed to continuous improvement.

Please join us.