

# **Innovation in Healthcare for Medically Fragile Individuals Experiencing Homelessness**

A model for service delivery in suburban and rural settings



*Healthcare where you are at*

## Who we are

- ☐ A Nurse led service
- ☐ A variety of specialties
- ☐ A Motley Crew of misfits
- ☐ Reflective of the Community

## Nelson Street Drop In

Feb 2 2021 - November 16 2021

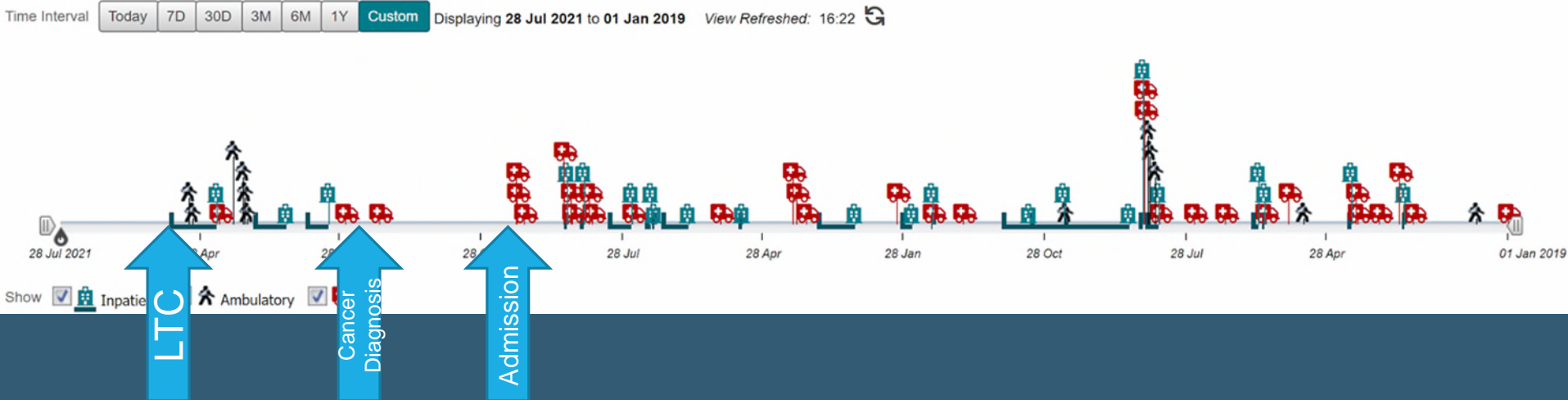
2506 patient encounters

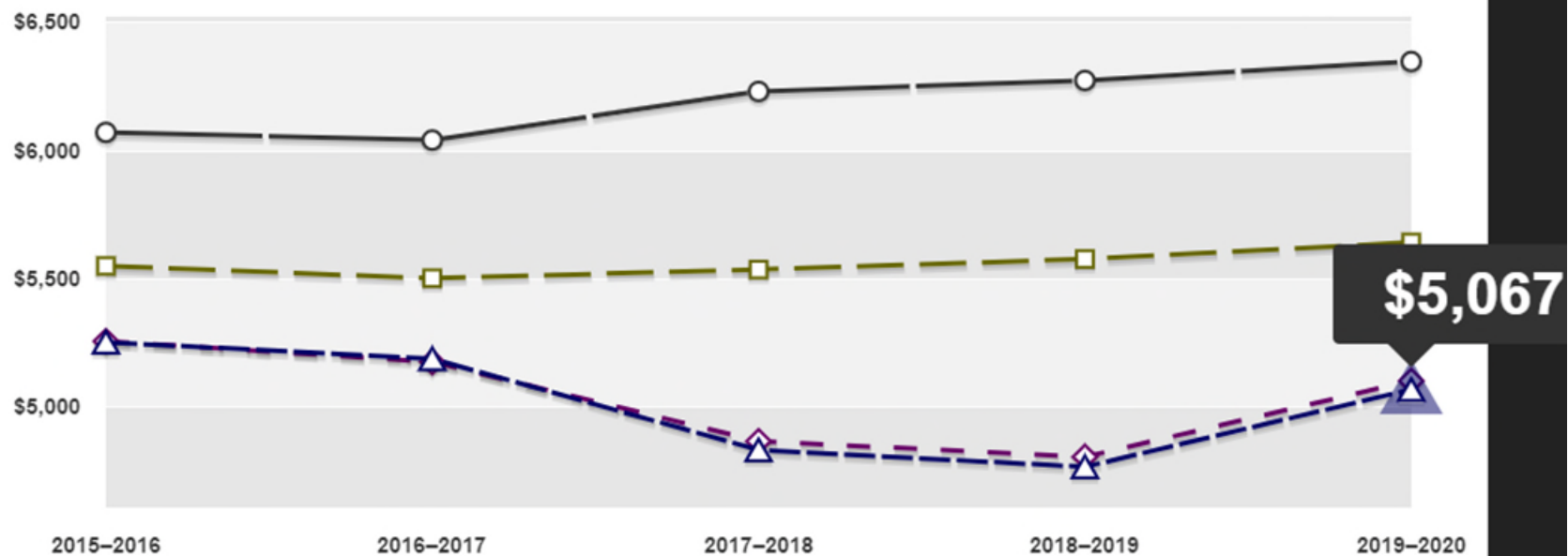
Overall decrease in police calls in downtown  
Brampton due to residents loitering

285 unique patients served

Repeat engagements with a trusted nurse to guide  
healthcare decisions

# Impact on Hospital Visits – Client





ADD A CITY

Brampton (Ont.)

Remove

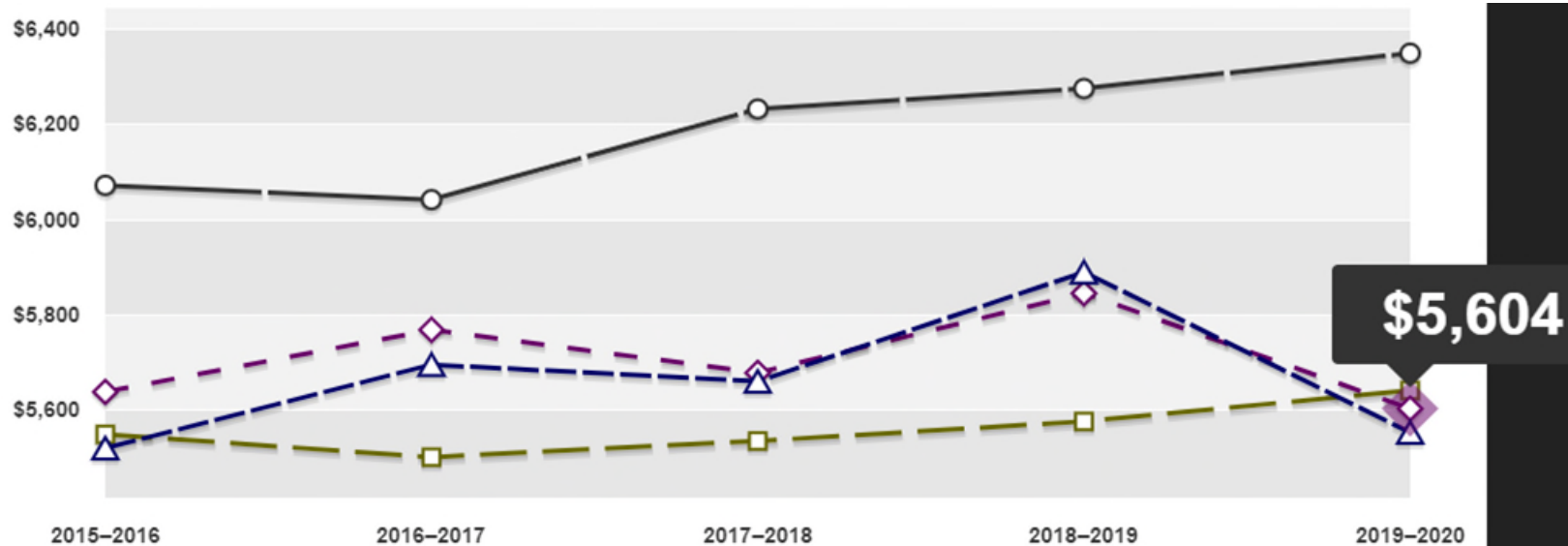


ADD A HOSPITAL

William Osler Health System — Brampton Civic I

Remove





ADD A CITY

Mississauga (Ont.)

Remove

ADD A HOSPITAL

Trillium Health Partners (Ont.)

Remove



# Homeless Health Peel Model

The background of the slide features a grayscale image of a computer keyboard in the upper right corner and a stethoscope draped across the center and lower right. The stethoscope's chest piece is positioned near the center, with its tubing extending towards the bottom right corner. The overall aesthetic is professional and medical.

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Stabilization  
Unit

\$200/day per patient

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Nurse in  
Every  
Shelter  
Model

\$20/day per patient

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# A few stories

## The man with AUD

- Found in a field
- In with wheelchair, Out walking
- Palliative care

## The lady from Niagara

- Sent by hospital
- Medically fragile
- Transferred into LTC



**IT'S NOT  
JUST  
WHAT WE  
DO, IT'S  
HOW WE  
DO IT**

Autonomy

Self-Determination

Trauma Informed

Harm Reduction

We Can Do So Much More!

# Services provided

## Transition Centre

COVID-19 recovery

Primary Care

Withdrawal Management

Mental Health Stabilization

Chronic Disease Management

Wound Care

Palliative Care

## Outreach

Antigen Testing

Primary Care

Intensive Medical Case Management

**Expensive  
interventions**

**Hospital vs  
Shelters**

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**CIWA Protocols**

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**51**

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**Suboxone Inductions**

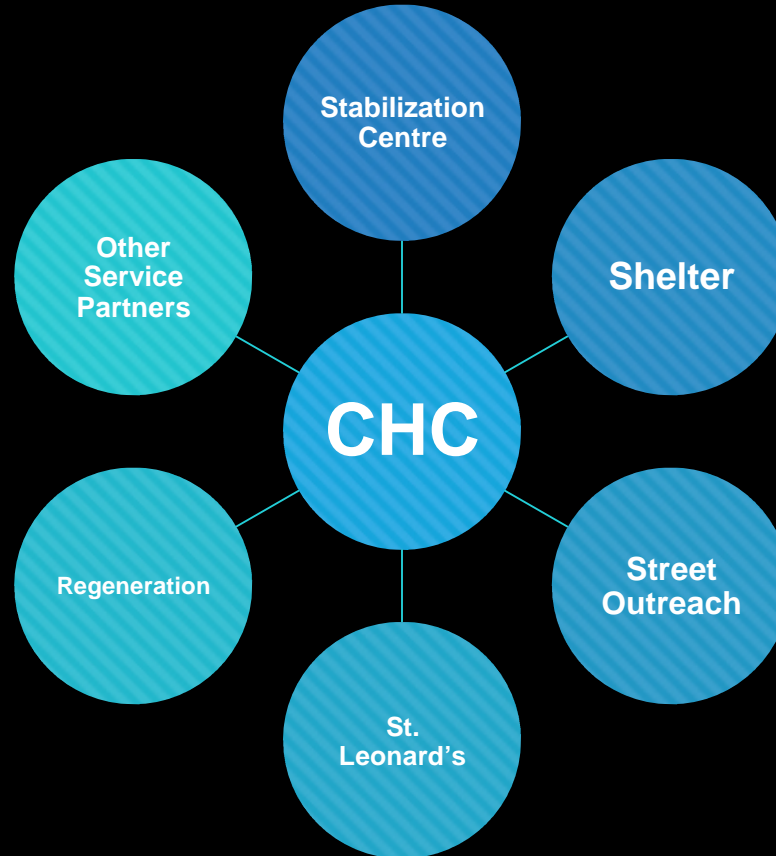
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**40**

# **Current State of Healthcare in Peel - Homelessness**

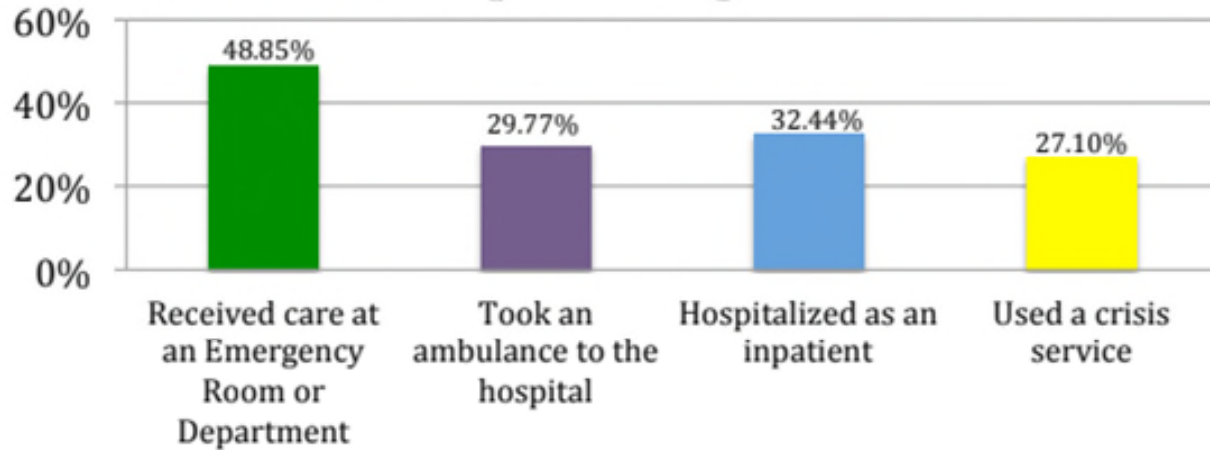
- Biggest Challenge - No ID and transient population
- Limited access to primary care
- Fragmented service delivery
- A Health model vs a Social Service Model

# Homeless Health Peel Model

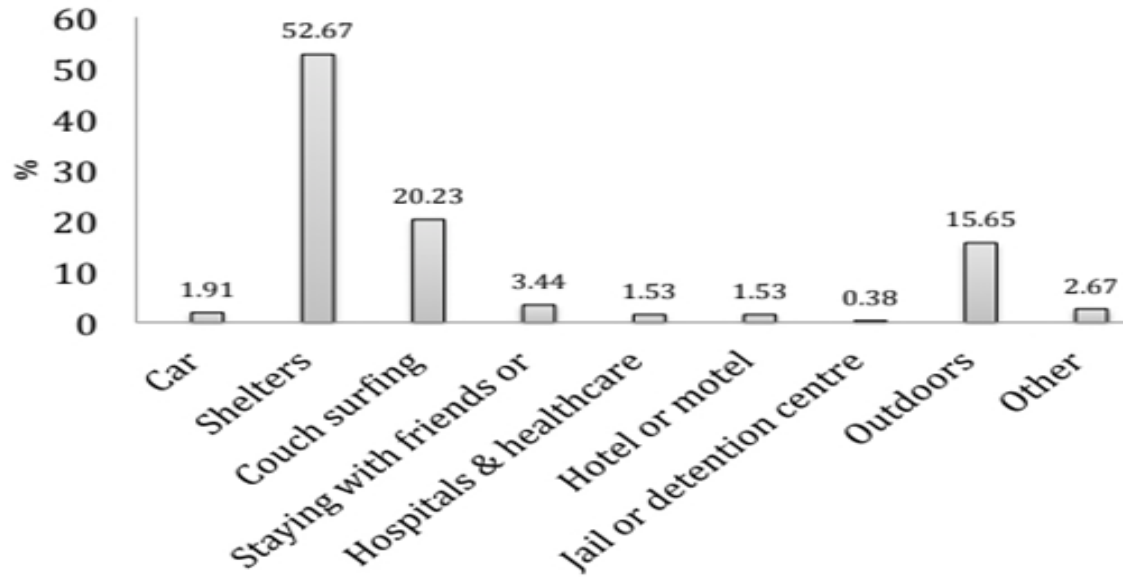




## Service Use in Past Six Months among Individuals Experiencing Homelessness



### Where do you sleep most frequently?



# The Missing Middle

Healthcare Where You are At



**PCP**

**CHC &  
Outreach**

**Health  
in  
shelters**

**Medical  
Transition  
Centre**

**Hospital**

# Final Thoughts

## An investment

- Housing capacity increase
- Decrease rehospitalizations
- Continuity of care
- Business development for the community

## Brampton led solution

- Other municipalities have a shelter health network