

**Brampton Senior Council Meeting Minutes
February 01, 2022**

9:30 AM via Zoom

Regrets: Evelyn Mates, Sukhdev Minhas

The President welcomed everyone and began the meeting with the Indigenous Land Acknowledgement

February is Black History Month.

Today is the start of the Chinese Lunar New Year the Year of The Lion

Agenda approved unanimously approved as distributed

Minutes of the January 04, 2022 meeting unanimously approved as distributed

President's Report: Grace Centre is holding an Open House on February 16 from 10:30-12 noon. This is a new Drop-In Centre for Seniors in the Brampton Area offering a variety of activities.

Restrictions have been lifted so the next BSCC Meeting will be held in-person

Vice-President's Report: None

Treasurer's Report: Delivered by President; no expenditures with the exception of \$2.40 bank fees

Membership fees are due in March and retroactive to January, 2022

Bingo is expected to start this month as money is required for refreshments and other meeting items

Speakers for National Home Share were absent

Speakers Bonnie Loranger RN CDE Diabetes Coordinator and Aruna Peri Registered Dietician MS CDE from Wellfort Community Health Services

Bonnie provided an overview of Wellfort Community Health Centre. The Centre is a not-for-profit value-based organization providing health services to individuals and families across the Region of Peel. Services include Primary Healthcare, Dental, Health Promotion and Educational Programs including Diabetes, HIV and Hepatitis C.

The Centre works with local residents and partner agencies to build community health.

Aruna indicated that they are Ministry Funded provide holistic care, receive approximately 150 to 200 referrals monthly from doctors and specialists

There are 4 Doctors and 4 Nurses on staff

All services are free of cost and some of services provided are:

Foot Care for diabetics- Chiropodist - assessment by Nurse first, fee charged if client able to pay

Presentations to Community

Clients 18 + offered care - not children. Average age usually 50+ now seeing 20-30 years old

Certified Diabetes Care given

Call Centre - 905-451-6959 or doctor referral or self-referral blood work required

Group Sessions - affords ability to accommodate (75-100 people) at the moment work with what the client needs and provide in-person service during COVID-19 pandemic

English, Hindi, Punjabi, Tamil, Polish and interpretative services

Myrna Adams helps with strategic needs by community

Group Zoom meetings can be arranged

Presentations on Coping with Stress with COVID-19

Meal Prep workshops well attended; diet stressed at first meeting, very welcoming, interactive

Caregiver help for people with Dementia and Alzheimer's 2/3 years support

Food program open to people also provide iPads, tablets

COVID-19 Cold and Flu clinic takes volume from hospital if COVID-19 support put in place

COVID-19 in home - nurse attends. If hotel room needed -food provided and some financial aid

Impact of COVID-19 on Diabetes? Outcome depends on how well the d-19iabetes is managed

You must always be mindful when you have a chronic disease.

Foot Care not available to external paying clients, must have diabetes and be screened

Dental Care provided for clients under 18, seniors and low -income individuals.

Councillors' Reports:

Councillor Medeiros

Wall dealt with.

Committee Meeting this week, reopening safely is the main concern

Support from businesses and community groups for Food Banks is needed

Rogers to move \$100 million dollar business from Dixie Rd. to downtown building 5,000 employees reduced to 3,000 They want a Zoning Order with permission to build mixed residential use on Dixie Rd. We need housing we do not have a signed lease in downtown Brampton, concerns re: their following through with the lease. To be downtown is good, affordable housing would be good

Roads - 6 main area roads. Ambassador Program - 6 positions - Work with businesses to revitalize the area more Business Friendly - launching soon.

Age Friendly roads one of many issues better engagement with Senior Council to get feedback.

Must consult with Senior Groups not just Diversity groups.

Survey to be distributed by Myrna
Connect feedback to City
Need policy to define ability to get feedback
Meeting for further discussion would be helpful

Councillor Fortini

Forbes recognized the City of Brampton as one of Canada's Best Employers in 2021, 58th out of 300.

Hospital Health Care advocating with the Province Provincial elections in June and Fall, Municipal elections in June

Rogers: HQ in Nova Scotia in future - cheaper housing and same pay.

Shoppers World - when will it start - breaking ground in Spring 2022. No exact timetable yet - starting on South Side of Shoppers World - not certain.

Health Care - \$20 Million in the bank. System very bad - Government gave \$1.1Billion - 25 beds and more for Cancer Treatment.

Use of Health Care - 167,000 through Emergency.

New Hospital finished in 2027 - Need Levy of \$50-\$80 per year.

\$30-35Milion for Cancer Care Treatment - looking for money from Region needs \$12.5Million.

Why is Urgent Care shut down? Not enough Doctors - Doctors and Nurses are getting sick.

A lot of inequities in allowing Doctors and Nurses from other countries to provide Medical Care in Canada.

Myrna Adams

Flower City Property - Building all boarded up - how does it look inside. I've been told asbestos in the building hazmat needed to get in. Looking for a location for the Museum

Councillor Medeiros said he would look into it. Advised that the Vietnamese Community have a contract with the building going in. Victoria Park and Balmoral are building centres 3-4 years down the road. Could request a room for a museum. An official ask will follow.

Chinguacousy Park when using we must pay for covering.

Gage Park - nothing available for picnics.

Farmers' Market man swinging from a tree, exercising on picnic tables. Reported.

9&10 lane roads not Age Friendly for crossing for mothers with children and elderly

80 Senior Groups and Seniors are part of Senior Council Meetings. They bring issues to Council based on discussions at Senior Council Small groups should be included in City Council Meetings.

Chris Hogg

Transit free for seniors as of February 28th. Presto cards available at FCCC

Knightsbridge open

QR code required Staples will laminate card with QR on one side identity card on the other side

Panel discussion February 9th 11:30 am -12:30 pm PAMA and Brampton Museum of African History and Culture.

MEETING ENDED - 11:32 AM