



Living with love. Dying with dignity.

IT'S TIME TO BUILD KAY BLAIR HOSPICE



Living with love.

*"You matter because you are you.
And you matter to the last moment of your life."*

Dame Cicily Saunders
Founder of the Hospice Movement

Dying with dignity.

Every day is a gift. We will journey together and celebrate living one moment at a time.



Each one of us gives something truly valuable to the world.

Your last moments should honour who you are.

Honouring who you are.

Every moment is a gift. Your end-of-life journey, and your last moments, should honour who you are – your unique outlook, beliefs, and values. This is the foundation of hospice palliative care. This is Kay Blair Hospice.

If you are faced with a life-limiting illness, hospice palliative care is about helping you live as well as possible, until your final moments of life. In this special place, all of your pain and symptoms will be carefully managed, and you will be cared for with dignity, respect, and compassion.

We do not journey alone. In our hospice, your family, friends and caregivers will be welcomed, supported, and cared for in their time of grief.



Brampton needs better end-of-life care.

THE GAP

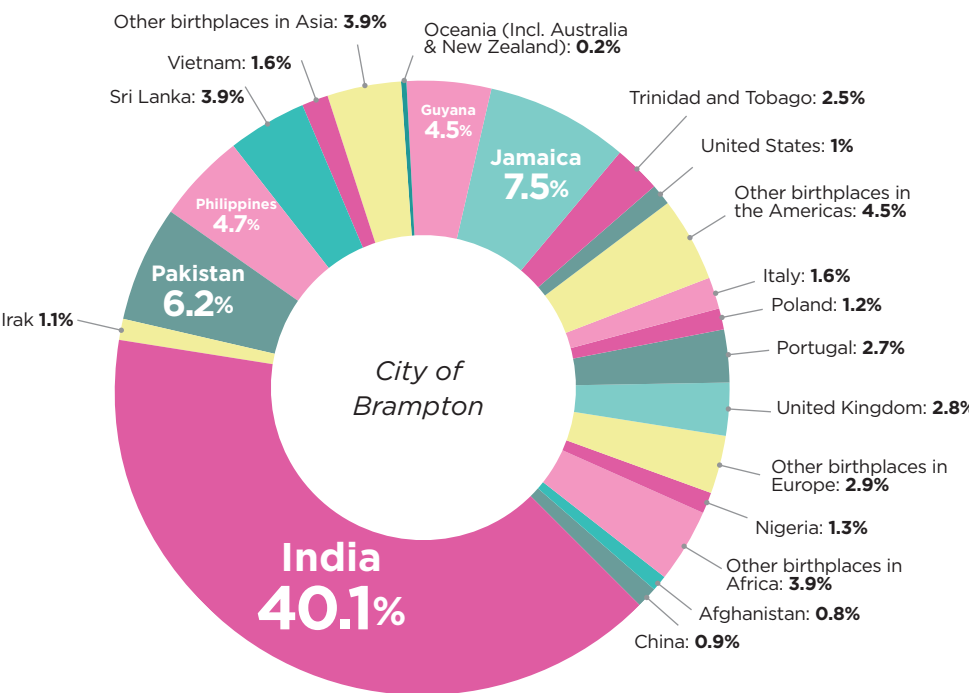
There is an urgent need to better care for people dying in our community.

While most cities in Ontario have a hospice residence to support their community, the City of Brampton has none. As one of the fastest growing and most diverse communities in Canada with a growing senior population, this is a major concern.

The overwhelming majority of Canadians would prefer to die in a home-like setting. The reality is over 60% of people still die in hospitals, often without the peace, specialized care and support that they, and their loved ones deserve.

600,000

Residents



90,000

Seniors



+66%

Brampton's projected population growth by 2051*.

100%

Brampton residents living their final days must leave our city for hospice residence care.

ZERO

Hospice residence beds in Brampton.

Doing more... with less.

A hospice residence offers many benefits to people with a life-limiting illness. The compassionate care provided enables people who are dying to live with dignity in a home-like environment...

Caring for residents and their families:

24/7
compassionate
CARE



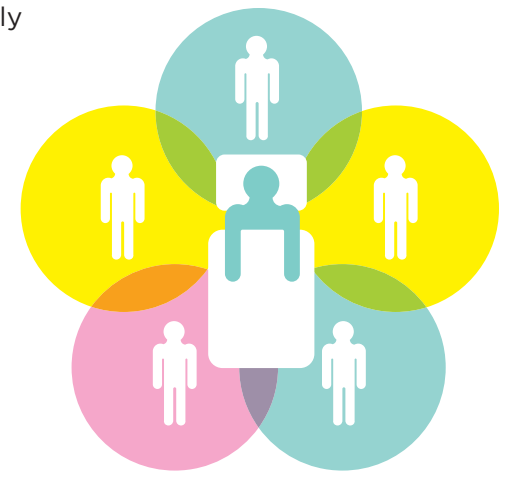
Pain / symptom management



Wellness programs



Grief and bereavement Services



Emotional and spiritual support



At no cost to the residents



...at significantly lower cost to our healthcare system than an acute-care hospital setting.

40%

of hospice admissions are directly from acute care hospitals, with an additional 50% of admissions coming directly from home.

Benefits to our Healthcare System: Hospice Residence vs Hospital Bed:

Care in a Hospice residence is higher quality at



Over the last three years in Ontario, more than 20,000 people were transferred, or bypassed hospitals, directly to a Hospice Residence, saving 20,000 hospital bed days, and

\$199M
Healthcare Dollars.

*City of Brampton Official Council Presentation - (Watson Economists, 2051 projected population growth of 996,000)

Dying is part of life. Everyone deserves to die with dignity.

Hospice Palliative Care focuses on quality of life, and living with dignity until the very end.

Death is universal. It happens to all of us. We believe having conversations about hospice palliative care-supported death can bring comfort and dignity to all.

For those facing a life limiting illness, hospice palliative care focuses on your quality of life, and living as well as possible until the end. Since a person dying almost always affects the practical, emotional, spiritual and bereavement needs of families and caregiver.

KAY BLAIR HOSPICE’S PROFESSIONALLY TRAINED STAFF AND VOLUNTEERS WILL SUPPORT THE UNIQUE SPIRITUAL, PSYCHOSOCIAL, AND EMOTIONAL NEEDS OF EVERY INDIVIDUAL.



Honouring diversity, equity, and inclusion.

Brampton and the surrounding area is a beautiful mosaic - diverse in culture, religion, language, faith, and ethnicity. Here, people from around the globe have put down roots, built lives, and their homes. The needs, desires, and practices related to death and dying are unique to every individual, family, and community and all will be honoured by Kay Blair Hospice.

Kay Blair Hospice will provide a dignified end-of-life care setting that respects and honours the practices of our diverse community. Diversity, equity, and inclusion are core values built deep into our foundation.

“Our Vision is to build a special and distinct state-of-the-art 12-bed hospice residence reflecting, and inclusive of, the unique and rich diversity of our Brampton community.”

Todd Fraleigh
Board Chair, Kay Blair Hospice



The way forward

Kay Blair Hospice is currently in the process of raising the dollars needed to build and operate a state of the art twelve (12) bed hospice residence to serve the residents of Brampton and surrounding areas.

The Hospice will be designed to support individuals at the end of their lives in a compassionate homelike setting with exemplary medical care; spiritual care; psychosocial care and bereavement support.

Currently government funds only a small part of the capital needed to build the Hospice residence; KBH will need the support of the Brampton community to make this a reality.

“Kay Blair Hospice represents an opportunity to address the gap in hospice care for Brampton’s diverse communities, and the provision of compassionate and culturally safe end-of-life care and caregiver support.”

Dr. Naveed Mohammad
President and CEO,
William Osler Health System

Compassionate care...

DIGNITY | COMPASSION | INCLUSIVITY | INTEGRITY | SERVICE



For the person dying

Kay Blair Hospice will provide the very best individualized care in a home-like environment that fosters safety, empowerment, inclusion, cultural humility, choice, trust, and compassion.

Led by a highly trained and experienced interdisciplinary team, individuals and their family members will be cared for by compassionate and diverse professional staff and volunteers with education and training in hospice palliative care.

Oversight, guidance, and governance will be provided by a dedicated and experienced Board of Directors.

For family and caregivers

When an individual is faced with life-limiting illness, it impacts everybody around them. Family and caregivers can often feel alone, confused, scared and uncertain about how to support their loved one, each other, and/or how to access the right help at the right time.

Kay Blair Hospice recognizes the important value and contribution of family, friends, and caregivers in supporting their loved one to ensure their wishes and values are known. We will offer a safe environment for loved ones to share and to be fully present with one another, without worrying about caregiving responsibilities. Kay Blair Hospice will support families and caregivers throughout their journey, including provision of bereavement support services.

A new hospice residence for our community.

Living with love

Dying with dignity

**Devoted to helping
residents live with love
and die with dignity.**

Kay Blair Hospice is a registered charity that has been initiated by a passionate volunteer Board of Directors. We are committed to providing exemplary end-of-life care in a compassionate and home-like environment at no cost to the individual.

Kay Blair Hospice will be welcoming, inclusive, and offer equitable hospice palliative care support for people living in the City of Brampton and surrounding area.

Dedicated hospice palliative care professionals will ensure every individual receives the end-of-life care they deserve, and their family, friends, and caregivers are fully supported after the loss of their loved one.

"Kay Blair Hospice will be a great addition to the City of Brampton and a wonderful legacy to the late Kay Blair who served our community with dedication and honour."

Our city needs dignified and compassionate end-of-life care and I know we can make this happen by working together."

Patrick Brown
Mayor of Brampton



Exterior of bedroom



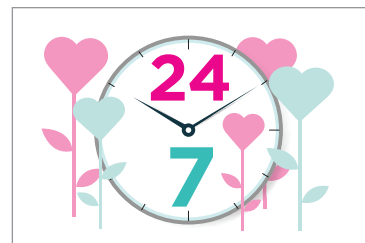
Bedroom

One community. Many unique needs.

Kay Blair Hospice will provide equitable, inclusive, and compassionate hospice palliative care to individuals with a life-limiting illness and support their family, friends, and caregivers.

A meaningful diversity, equity and inclusion framework will be co-designed with the community for a safe and unbiased model of care.

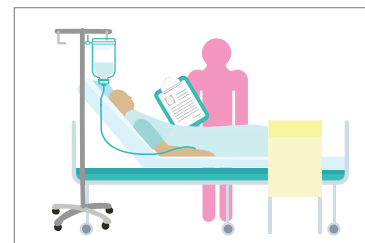
We will respect unique needs, preferences, beliefs, and practices that may be based on religion and spirituality, race, place of origin, colour, ancestry, disability, creed, family status, gender and sexual identities, language, literacy, mental health, and socio-economic status.



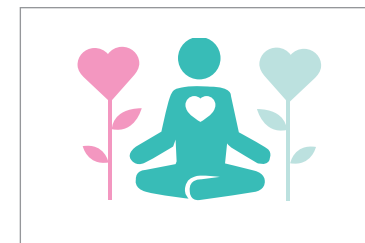
Compassionate 24/7 hospice care



Support to family and caregivers



Medical/ nursing care consultations



Holistic healing and wellness programs



Multi-faith room



Gathering space

The heart of Kay Blair.



Kay Blair was a Brampton resident who passionately served the community with an abundance of love that was felt deeply by all who had the privilege of her warm embrace.

A tireless advocate, Kay was committed to improving the lives of others with low income, experiencing structural vulnerability, and raising awareness about social justice. After a long battle with cancer, Kay died in 2016. Kay's journey continues in the celebration of her life.

Kay Blair Hospice will honour Kay's legacy by providing inclusive and compassionate hospice palliative care.



Tireless advocate. Social justice champion. Full of love.

"Like so many families, we struggled while navigating end of life care for our mom. We wanted her close to the people she loved the most, we also wanted her to receive the best possible medical care and to have a peaceful final chapter."

A hospice in Brampton would have kept her close and allowed us to spend precious time with her in a supportive environment with the peace of mind that her medical needs were being met."

Corcel & Karim Blair
Kay's sons



Kay Blair Hospice has chosen the gladiolus flower to honour Kay's incredible spirit.

glad-i-o-lus
By giving gladioli to another, the giver sends you the message 'you touch my heart'.

Candace's story.



"When my brother became ill at age 47 with stage four bladder cancer, my family turned to me to coordinate his care. I did not want my brother to die in a hospital setting that was noisy and uncomfortable for both him and the family staying by his bedside.

Ian Anderson Hospice provided a warm, home-like environment with excellent end-of-life care; the compassionate staff inspired

confidence that he was safe, that his pain was managed and, his personal needs met any time of the day or night. I realize that death can be peaceful and beautiful in the right place, with the right people and in the right environment. The nurses held my brother's hand as much as I did.

My experience with Ian Anderson Hospice was profound and drives my passion to build a hospice for the Brampton community. My wish is for every individual who is unable to die at home to be provided with the choice of dignified end-of-life care in hospice with a high standard of excellence."

Candace Barone
Executive Director, Kay Blair Hospice

Gurwinder's story.



"My passion for building a hospice to provide inclusive and culturally-appropriate care stems from positive... and sadly, not-so-positive... health care experiences when my own sister was dying.

For cultural reasons and beliefs, my sister, Jaswinder, did not go to a hospice when she was end-of-life.

As we struggled with painful end-of-life decisions, Jaswinder was repeatedly

admitted to a local hospital. To my dying day, I will never forget how hospice staff from an adjacent hospice came to know of our pain and plight in the hospital. Our angels as we called them. Though not of the same culture or religion – they understood and respected our diverse practices of religious prayers, holistic care, extended family visits, and cultural food preferences. They also kept Jaswinder as comfortable and pain-free as possible.

The incredible care and compassion shown by the hospice staff, gave Jaswinder and us immense relief and some peace through a painfully traumatic time. This care and compassion continued when Jaswinder was discharged home, as per her wishes, to live out her last few days. Our family will remain forever thankful to the Southall Hospice, UK and its extraordinary staff."

Gurwinder Gill
Board Member, Kay Blair Hospice

Our goal: \$14 million

Let's build it together

12 BEDS. 18,500 SQ FT



It's time to build.

Now is the time to bring Kay Blair Hospice to life. Help us meet the hospice palliative care gap in Brampton and leave a legacy of compassion, comfort and dignity for those facing their final days.

Whether your donation is a tribute to a loved one who has passed or simply a way to bring the comfort of hospice closer to home for your community, your contribution today will help pay for land, construction, furnishings, and provide a reserve to help fund operations during the first two years as the annual fundraising campaign is developed.

Cherished capital campaign donors will be recognized in the most dignified and respectful manner. Funds are needed for:

- | | | |
|---------------------|--------------------|---|
| • Building Costs | • Adaptive Devices | • Kitchen |
| • Medical Beds | • Oxygen Therapy | • Landscaping and Maintenance Costs |
| • Specialized Lifts | • Furnishings | • Recruitment and Training of Professional Staff & Volunteers |

Comfort and dignity in death is within your power to give.



Please join us in building Kay Blair Hospice in Brampton. Donate generously. Contact:

Candace Barone, *Executive Director*

candace.barone@gmail.com | (416) 389-6267

or give now at: kayblairhospice.ca/donate

Thank you to our partners



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gracias

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Obrigado

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Asante

Definitions

Hospice Residence

A home-like residence providing end-of-life care for individuals in their last months and weeks of life

Hospice Palliative Care

is aimed at relieving suffering and improving the quality of life for persons who are living with, or dying from, advanced illness or are bereaved.

End-of-life Care

refers to health care for a person nearing the end of their life or in the advanced stage of a terminal illness.

Cultural Humility

Cultural humility is the “ability to maintain an interpersonal stance that is other-oriented in relation to aspects of cultural identity that are most important to the [person].”

Cultural Safety

An environment which is spiritually, socially, physically and emotionally safe, where there is no assault, challenge or denial of their identity, of who they are and what they need.

416-389-6267 | info@kayblairhospice.ca | kayblairhospice.ca

Mission

PROVIDE END-OF-LIFE CARE IN A SAFE, COMPASSIONATE, AND INCLUSIVE ENVIRONMENT

Vision

CARE FOR THE DYING WHILE CELEBRATING LIVING

Values

QUALITY SERVICE, INCLUSIVITY, DIGNITY, INTEGRITY, ACCOUNTABILITY

