# BRAMPTON CYCLING ADVISORY COMMITTEE - COMMUNITY RIDES - SAFETY GUIDE

#### Introduction

Community rides are run by the Brampton Cycling Advisory Committee and BikeBrampton volunteers and sponsored by the City of Brampton. Active transportation is an efficient and convenient way of travelling around the city. We offer a series of rides, one in each ward, plus Etobicoke Creek Trail and GO Stations explorations via bicycle-friendly bike lanes, recreational trails, and multi use paths.

## **Safety Guidance Provided By The Primary Leader**

- Bikes are classified as vehicles and riders must obey traffic laws, yield signs, stop signs, traffic lights.
- Use hand gestures as means of signalling intention to vehicles and other riders behind you.
- Be alert to road debris and hazards such as metal or glass and bring it to the attention of other riders.
- Alert other event riders behind you to any such debris and/or hazards.
- Maintain one metre of separation between you and parked cars to avoid being hit by opening doors.
- Do not ride too closely behind the riders in front of you. You need a safe stopping distance.
- Do not ride ahead of the event Primary Leader.
- Please cooperate with the guidance provided by event volunteers, for your safety.
- Ultimate safety resides with each rider individually, ride within your own abilities.

## **Safety Guidance Provided By The Marshall**

- Avoid dangerous behaviour to facilitate a safe ride, especially in intersections.
- Ride single file on single lane streets, side-by-side on double lane streets is permitted.
- Stop at intersections if all cannot safely get through a traffic light cycle, as guided by the Marshall.
- Proceed through all-way stop intersections as one vehicle as guided by the Marshall.

#### Safety Guidance Provided By The Sweeper

- A sweeper is the last cyclist in the group to ensure no rider is left behind.
- Monitors motor vehicle traffic behind group and may ask riders to merge into a single file (CAR BACK!).
- Monitors riders for potential mechanical issues or rider struggles and takes appropriate action.