



Telephone: [REDACTED]
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Advocacy for Seniors

Senior Adults Living Triumphantly

Regrets: Amrik Kumria, Sheila Hepton, Lora Stratton

President welcomed everyone and began the meeting with the Indigenous Land Acknowledgement

Approval of Agenda: Mary Steed Seconded by Fay Henry Carried

Approval of Minutes: Emily Leech Seconded Don Marion Carried

President's Report: Requested that those who have not registered for the Summit on Aging please do so as today is the last day to register.

May is both Sikh and Jewish Heritage Month and there is a flag raising at Ken Williams Square to honour those of Sikh heritage

Happy Vaisaiki and Happy Mother's Day to all the mothers, grandmothers, and godmothers.

June is our last meeting until September 5th. Menu for Brunch includes Biryani rice, 2 Large Salads, Filipino noodles, Jerk chicken, dessert and beverages.

Vice President's Report: Absent

Treasurer's Report: Royal Bank Balance as of April 26th = \$4,132.38 TD = \$1,576.45

Guest Speaker: David Laing President Brampton Environmental Alliance "Graceful Aging through Connecting With Nature" Nature can generate many positive emotions, such as calmness, joy, and creativity and can also facilitate concentration. Nature connectedness is also associated with lower levels of poor mental health, particularly lower levels of depression and anxiety. Spending time in nature encourages you to take notice of what is going on around you, providing a general sense of connection to the world you live in. Video: The Natural Fix recommended

Guest Speaker: Donna Laevens-Van West of Peel Health Coalition: Privatization of Ontario's Healthcare

Citizen wide vote May 26th & May 27th VOTE NO to PRIVATIZATION Fight back against Bill 60

Call 416-770-7858 Mohammad Ali Connect with a LTC home

Minden Emergency department closed due to a lack of healthcare resources

Hospitals are paid to perform designated surgeries per year Michael Garron Hospital is performing surgeries on the weekends.

Peel is the lowest funded medical beds in the province.

Councillors' Reports: Councillor Fortini contact Councillors to have speed bumps placed on roads designated as most dangerous

Councillors Paul Vincente and Rowena Santos represent wards 1&5 passed a motion to licence landlords to register their business operation starts this fall. Number of bylaw officers increased property subject to random inspections

Councillor Vincente opened and launched a new youth hub. Learn and assistance for career, mental health risk of homelessness or are homeless.

Call Region of Peel advocating for funds from province to provide

Noise bylaw revised call 311 to report

Request City to label trees and plants for residents as many are unaware some of the names of plants and trees.

Perpetual Bazaar celebrating Coronation on June 6th with tea and scones. Come out and enjoy.

WEAAD Day workshop "Seniors Deserve our Respect and Attention" held at Bob Callahan Flower City Seniors Centre June 1st.

MEETING ADJOURNED 11:30 AM

NEXT MEETING SEPTEMBER 05, 2023