

From: Nina S <>
Sent: 2023/01/16 8:15 AM
To: City Clerks Office <City.ClerksOffice@brampton.ca>; Medeiros, Martin - Councillor <Martin.Medeiros@brampton.ca>; Keenan, Dennis (Councillor) <Dennis.Keenan@brampton.ca>; MayorBrown <MayorBrown@brampton.ca>
Cc:

Subject: [EXTERNAL]Development Proposal at 227 and 229 Main Street - # OZS-2021-0056

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Honourable Mayor, Councillors and City Staff,

I personally love my cup of morning tea looking out the backyard, enjoying the singing birds and watching squirrels on the go. This helps me start my day on a positive note. However with this new proposal of a high rise building, I am concerned that the new development will not only jut out of the current surrounding neighbourhood, but how it will personally affect the residents. A view of the sky is important for mental well-being as it can provide a sense of connection to nature and a feeling of openness and spaciousness.

Studies have shown that a daily dose of nature and sunlight can reduce stress, improve mood and promote a sense of calm and well-being. Having a view of the sky can also improve sleep quality and reduce symptoms of depression and anxiety. I am concerned this proposal will block the view of the sky, particularly for myself and my fellow residents.

My request to the decision-makers is to consider the potential impact of the mental health and well-being of the existing residents and to lower the height of the buildings to a maximum height of 8-10 stories to minimize the impact on the view of the sky, and thus the well-being of the community.

Regards,

Nina Sidhu
Neighbourhood Resident